

Allergies and Allergic Reaction

Policy

At Little Miracles Day Nursery we are aware that some children may have allergies or intolerances to certain foods. We aim to minimise the exposure to these foods through the following procedures.

- Upon starting nursery all parents fill out a dietary sheet in which they provide us with information on their child's dietary requirements.
- Should any areas of concern be raised on this form we will then complete an Allergy Care Plan, as this goes into more detail.
- It is the Room Leaders and Key Persons responsible to ensure that this information is kept up to date on the Allergy Form at all times.
- It is the Manager's responsibility to check this before filing the papers and to update the dietary sheet.
- Babies are only given food that they have tried at home first.
- We will update the dietary chart as soon as a child will be starting with us and has their first meal at nursery.
- It is the Room Leaders responsibility that the child receives a Dietary Card and these are used at EVERY mealtime. These go on the back of the children's chairs. It is the Room Leaders responsibility to ensure that the children are given the correct food.
- It is the chef's responsibility to ensure food that is prepared is safe for the child, kept separate and clearly labelled. This information should be passed to staff at every meal time.
- Children that are on the dietary requirements list MUST be served their food clearly labelled on a red plate.
- All staff will be made aware of the signs and symptoms of an allergic reaction and will receive training on this policy as part of their induction.
- The manager will ensure that the child receives an adequate and balanced diet regardless of allergies and intolerances and may work with the parents and the Chef to ensure an alternative menu is created.

Although we are as careful as possible we realise that there may be times in which a child is suffering from an allergic reaction. If this happens, we will follow the procedures that are on the child's care plan and we will complete an Allergy Observation Form.